

FOR IMMEDIATE RELEASE:

Contact: Sarah S. Berman
The Berman Group, Inc.
(212) 450-7300, ext. 205
sberman@bermangrp.com

***MC GOWAN BUILDERS RECONSTRUCT THE CENACLE RETREAT CENTER
AND CONVENT IN RONKONKOMA, NEW YORK***

NEW YORK—April 11, 2011– Mc Gowan Builders, Inc. (Mc Gowan) is nearing completion of the full deconstruction and redesign of the **Cenacle Retreat Center and Convent in Ronkonkoma, New York**. The nearly 85-year-old retreat was too big, too drafty and too expensive to properly utilize or heat. The Cenacle Sisters decided to make an investment in their future while being forward-thinking when it comes to their facility and the environment.

The Cenacle Retreat Center and Convent is an environmentally sustainable building designed to achieve LEED Gold certification. The sustainable design includes radiant-heated floors, geothermal heating and cooling and an abundance of natural light throughout the 48,769 square foot building.

Reuse, Recycle, Repurpose

The center was designed by Hoffman LLC, a planning, design and build company based in Appleton, Wisconsin and specializing in convents and monasteries. With an emphasis on sustainability and simplicity, as well as future and forward thinking, the design needed to be green but also meets the needs of the elderly sisters. The early 20th-century buildings incorporated handicapped accessibility and each of the 12 nuns' quarters includes a window, a private bath with shower and space for a bed, desk, kneeler and computer. As the Cenacle Sisters host many retreats, the new design includes 24 guest rooms comfortably appointed and interestingly enough, one of the first retreats scheduled is on "eco-spirituality" with the building being used as both classroom and teacher.

As the saying goes, whatever is old is new again. The original copper-and-stone cupola that was a beacon in Ronkonkoma will top the new building's center. Also, parts of the old red clay tile roof will be salvaged and reused, along with some of the scalloped stone, statuary and stained glass. In fact, approximately 95% of the old structure is being recycled in some manner.

ABOUT MC GOWAN BUILDERS

Mc Gowan Builders, Inc. is a premiere, full-service general contracting and construction management firm based in East Rutherford, New Jersey, with regional offices in New York, Florida and Chicago. For a decade, Mc Gowan Builders has provided construction services to

commercial and institutional clients, delivering projects for some of the most prominent firms and organizations in the nation, including Continental Airlines, Sheraton Hotels, JP Morgan Chase and Macys. The firm provides assistance throughout all phases of complex construction projects, from the initial consultation to the final closeout. Mc Gowan Builders has earned a reputation for excellence through attention to detail, professionalism and over 30 years of construction experience. The firm's website can be found at <http://www.mcgowanbuilders.com>.

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